

# **APPLE BIBLE STUDY METHOD GUIDE**

When reading the bible, keep in mind that the main purpose is to **learn about God** and **be transformed** by the Word. The **APPLE Study Method** will help you breakdown the text, discover the character of God, and personally apply the text to your life.

## **A - Attribute(s) of God**

After reading the passage, examine the scripture for character traits of God (*who He is, what He is like, what His desire and heart is*). Those traits may be clearly written in the text or implied through the purpose of the passage.

## **P - Promises from God**

Look through the text for the promises of God. Verses that state what God will do or provide to and for His people.

## **P - Principles for Life**

Reflect on the passage for principles or guidelines that we can live by. Words of wisdom, guidance, or instruction that helps us navigate our lives.

## **L - Lessons Learned or Sin to Avoid**

While reading the passage look for the overall purpose or theme that arises. What is the text trying to show or teach through those themes. Ask yourself the following questions:

*Is God trying to get my attention about a particular area in my life?*

*What situation(s) do I need to surrender to God as a result of reading this passage?*

*What is God trying to teach me through this text?*

## **E - Example to Follow**

Finally, is there an implicit or explicit example that is being revealed in this text. Is there a way of living that you can apply or reject from these verses. Reflect on the following questions:

*What is an example of living right (righteously) in this passage? Living unrighteous?*

*Is there an area that I need to take action in as prompted through this passage?*

*What practical way can I apply the theme of these verses into my life?*

[Learn more: APPLE Bible Study Method Article by Arabah Joy](#)

# **Personal Meditation and Reflection Study Guide**

## **Verse or Passage -**

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## **Study Method to Breakdown the Text**

**A** (*Attribute of God*) \_\_\_\_\_

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**P** (*Promises of God*) \_\_\_\_\_

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**P** (*Principles of God*) \_\_\_\_\_

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**L** (*Lessons Learned*) \_\_\_\_\_

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**E** (*Example to Follow*)

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