



LIFE GROUP LESSON

"BIRTHING YOUR PURPOSE"

SEPTEMBER 2024

INTRODUCTION TO LESSON

Life Group Lesson Objective: To understand that God has created everyone for a purpose, and that the only way we can discover and birth our purpose is to have close communion with God through his Son Jesus Christ our Lord and Savior.

Life Group Leader preparation:

Every human being alive on this earth has a purpose. However, as believers we all have a purpose to herald the gospel of Jesus Christ, but discovering how, when, where and to whom is how we birth our own individual purpose.

God will bring us to the point of delivery at the appointed time.

- Shall I bring to the birth and not cause to bring forth? says the Lord; shall I, who cause to bring forth, shut the womb? says your God. – *Isaiah 66:9 (RSV)*
- “Before I shaped you in the womb, I knew all about you. Before you saw the light of day, I had holy plans for you: A prophet to the nations — that’s what I had in mind for you.” – *Jeremiah 1:5 (MSG)*

Week #1 – Realizing God is the source of our purpose

Discussion Question: As our creator and our source what has God spoken to your heart about your purpose? Do you know what he has in mind for you?

1. *Matthew 6:33 (KJV)* – But seek ye first the Kingdom of God and his righteousness; and all these things shall be added unto you.
2. *I Corinthians 2:7 (MSG)* God’s wisdom is something mysterious that goes deep into the interior of his purposes. You don’t find it lying around on the surface. It’s not the latest message, but more like the oldest—what God determined as the way to bring out his best in us, long before we ever arrived on the scene.

For Women: Birthing or giving birth to your purpose can be compared to giving natural birth, sometimes you know immediately that you are pregnant, other times it may take different signs or changes in your body to recognize or alert you that you are about to give birth.

For Men: Birthing is a bringing forth, you may not experience the physical changes as women do, but you will experience changes and signs spiritually during the process.

To birth our purpose, we must spend time with God in his word and prayer so that we can know his voice (his will) and his specific direction for our life. As we spend time with Him, we become confident in how he relates to us individually. **As we become intimate with the Lord, we conceive a seed, a thought, a knowing of what he desires for us.**

- *James 4:8* – Draw nigh to God and he will draw nigh to you.
- *John 15:5* – I am the vine, ye are the branches. He that abideth in me, and I in him, the same bringeth forth much fruit: for without me you can do nothing.
- *Psalms 23:3* – ...He leadeth me in the paths of righteousness for his name's sake
- *Philippians 3:10* – That I may know him...

Get to know Him. Spend time with Him. Read the Bible. Worship Him.

Discuss with the group.

- Do you know what your purpose is? (if you're not sure yet, keep spending time with Him)
- Is your purpose what you expected?
- Are you doing or living out your purpose?
- Are you and others being blessed because of your obedience to your purpose?

Week #2 – Birthing your purpose by faith & courage – believing God has a plan for you

Discussion Question: Can you see your purpose? What does it look like?

- Begin to write down what you believe your God given purpose is
- Start saying it! – *Mark 11:24*, you have what you say
- Expect doors to open for you (supernaturally)

It takes FAITH to birth purpose God has given you.

1. Against the King's law of the land, Esther proceeded to go against the law even though she was not sure of the outcome. *Esther 4:10-17*

- a. Against natural odds, she didn't allow fear, complacency or indifference to stop her from pursuing her assignment.

FAITH will encourage and remove fear and doubt to pursue what belongs to you

2. So, Joshua said to the Israelites, "How long will you delay going in to possess the land that the Lord, the God of your fathers, has given you? – *Joshua 18:3 (MEV)*

God will often send others to inspire your faith so that you can be obedient to his plan.

3. If you're unhappy in your current career or job, (and you have been for a long time), you've prayed, sought counsel from others, looked for guidance through Scripture, and you're still miserable, consider that God may have another plan.

- Many are the plans in a person's heart, but it is the LORD's purpose that prevails – *Proverbs 19:21 (NIV)*

Also consider that since God has called you, He is completely able to reveal your purpose to you, and He will, as you diligently seek Him. *Hebrews 11:6*

Week #3 – Be About Your Heavenly Father's Business

Discussion Questions: What are you naturally good at? (Skills, abilities, gifts)

What do people typically ask you for help in? What makes you feel great about yourself? If you had to teach, what would be the topic or category you would teach?

- *John 8:29* – And He who sent Me is with Me. The Father has not left Me alone, for I always do those things that please Him."
- *Luke 2:49* – didn't you know that I would be about my Father's business?

NOTE: Your purpose must be bigger and greater than you, because if money or status is slow in coming you may quit if you think that making a big sum of money is connected to your purpose. Pursue what you love to do or what comes easy for you. Find an audience, a group of people, etc. and start to do whatever is in your heart to do. Most of the time we are already doing our purpose. Don't get confused with a job, a title, a career, or how much money you are making.

Consider volunteering in areas where you can obtain self-fulfillment in helping others. Be a person who is making life changes in other's lives. Listen to what other people are saying about you. Sometimes others see our purpose when we don't.

Sow into other's lives

1. *Galatians 6:7,9* – Be not deceived; God is not mocked for whatsoever a man soweth, that shall he also reap. And let us not be weary in well doing: for in due season we shall reap, if we faint not.

Week #4 – Focus With Birthing Your Purpose in Mind

Discussion Question: Share an example of a decision you made which went against your upbringing or culture to keep with your Kingdom purpose. (marriage, career, job, school, purchase of a home, ministry, church, etc.)

John 4:4-42; (Jesus with the woman at the well) The Jews avoided Samaria because Samaritans were considered dogs to the children of Israel. Jesus knew that Jews did not associate themselves with Samaritans; he also understood how to live his life with purpose:

- *Matthew 18:11* (NKJV) – For the Son of Man has come to save that which was lost.
- Living life with purpose means laying aside racial barriers, fears and discriminations.
- Focus on God's plan despite obstacles

Right thinking will motivate birthing your purpose

Take a moment to describe yourself in a positive light. How do you see (visualize) yourself? You must know or see who you are in Christ Jesus. Without a knowledge of who you are in the sight of God, you may struggle in life, be fearful of the unknown, or be bound with insecurities. If you have a distorted image of yourself, you can wander aimlessly in life not sure of yourself.

- *1 John 4:4* – Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world.
- *Psalms 139:1-14* – I am fearfully and wonderfully made.
- *Philippians 2:13* (NIV) – For it is God who works in you to will and to act in order to fulfill his good purpose.