



LIFE GROUP LESSON

"YOUR LIFE IS WHAT YOU MAKE IT"

OCTOBER 2024

Life Group Lesson Objective: To help us understand how to effectively use the Word of God to create the life that Jesus came to give us, the abundant life; zóé, the God kind of life, and to share that life with people we encounter in the world.

John 10:10

Week #1 – My Life is What I Make it.

Discussion: Identify an area in your life that you want to change.

Our world is framed by the words we speak (*Hebrews 11:3*)

- *Hebrews 11:1-3 NKJV*
*Now faith is the substance of things hoped for, the evidence of things not seen. For by it the elders obtained a good testimony. **By faith we understand that the worlds were framed by the word of God**, so that the things which are seen were not made of things which are visible.*
- *Proverbs 18:21 NKJV*
Death and life are in the power of the tongue, and those who love it will eat its fruit.
- *Matthew 15:10-11 NKJV*
When He had called the multitude to Himself, He said to them, "Hear and understand: Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man."
- *John 6:63 NKJV*
It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life.

We must first understand the creative power of words. God's words, our words, and the devil's words.

John 10:10 The thief does not come except to steal, and to kill, and to destroy. I have come that they may have life, and that they may have it more abundantly.

Jesus came to give us zóé, the God kind of life.

Application: Practice not saying anything negative or contrary to the Word of God about any person, place, or thing this week, including yourself.

Week #2 – God has Put the Destiny of our Lives in our Mouth.

Discussion: Recall the two areas in your life from Week 1 session that you want to change.

- How have you been speaking?
- How are your thoughts affecting the way you talk?

The life you are now experiencing is what you have made it. However, if necessary, you can change the world you live in by using the Word of God.

Use the Word to change the way you think.

- *Proverbs 23:7* - what you think in your heart about yourself, is what you become.
- *Numbers 13:30-33* – you are how you perceive yourself.
- *Romans 12:1-3* – We must renew our minds by hearing and reading the Word of God

Our faith is stimulated by a visual image (what you see is what you get)

- *Genesis 15:1-5* – Abraham was given a visual image to stimulate his faith.
- *2 Corinthians 4:18* while we do not look at the things which are seen, but at the things which are not seen. For the things which are seen *are* temporary, but the things which *are* not seen are eternal.

Week #3 – We Say What We Believe

Discussion: Have you noticed any change in your thoughts and words since starting this lesson?

Job had what he said:

- *Job 1:1-12, 2:1-8* – Job’s words caused trouble in his life.
- *Job 40:1-14* – God gave the power to Job to control his life.

- *Job 42:1-3, 10* – Job’s circumstances changed when he changed the way he talked.

We say what we believe:

- *2 Corinthians 4:13*
- *Matthew 12:34*
- *Romans 4:17-21*
- *Acts 27:18-26*
- *2 Kings 4:18-26*
- *Numbers 14:1-2, 28-34*

Week #4 – What has God Given us Permission to do?

Discussion: What is permission?

1. *Webster’s Dictionary*: the act of permitting; formal consent: authorization
2. *Definition as it pertains to this lesson*: An event that grants authority for a change in your behavior. A license to move forward and succeed.

Luke 10:19

Behold, I give you the authority to trample on serpents and scorpions, and over all the power of the enemy, and nothing shall by any means hurt you.

Your life will produce what you permit.

What has God given us permission to do?

1. Obedience applies to what we are told to do.
2. Permission applies to what we want to do.

Go beyond obedience to permission.

- God has given us permission to be successful in life through meditating on His word. *Joshua 1:8*
- To have what we envision with the mind’s eye of faith. *Genesis 13:15*
- To believe the impossible is possible. *Mark 9:23*
- To have what we say based on what the constant exposure to and meditation on, the Word of God has caused you to believe. *Mark 11:22-24*

God has consistently given us permission throughout his written Word to go beyond the natural boundaries by which we often limit ourselves.